

Ohio Race Walker
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LAIRD, LAIRD, AND LAIRD WIN NATIONAL TITLES IN MAY

Ron Laird served notice on his rivals that he is well prepared for a strong bid at his fourth Olympic team as he won Senior National titles at 19, 15, and 20 Km during the month of May. These wins give him five titles already in 1976 and a total of 64 for his career. Although none of the races had really deep fields, as many top walkers are staying home preparing for the big one, Ron dominated all three races and appears to be the man to beat in Eugene. Stories on the three races follow.

New York, May 2--Ron Laird journeyed up from his Mexican training grounds to easily annex his 62nd National Senior title in the National 20 Km Walk today. Although several of the top contenders for Olympic berths chose to bypass this race since they were already qualified for the trials, Ron had little trouble with those who did show as he came home in 1:33:53. A mild surprise in second was Dan O'Connor, more noted for his distance feats in the past, who proved he can indeed walk fast, competitive races at 20 Km. Among his victims was two-time Olympian Larry Young, who finished third and still appears to be somewhat short of his top form. Wayne Glusker continued his string of impressive races in fourth and certainly stands ready to pick off any favorites who falter in Eugene. In fifth place, Jim Heiring, who has had so many impressive 10 Km races the past 2 years, finally made the move up and just missed the Olympic Trials qualifying time. He is going to be tough to handle if and when he gets some experience at the distance. Another surprise in the race was the poor showing of John Knifton who struggled home a distant 12th. Dave Ronansky, expected to perhaps give Laird a tussle, was disqualified early in the race. At this point I have no further details on the race and only partial results, which follow. Full story next month, I hope.

1. Ron Laird, NYAC 1:33:53 2. Dan O'Connor, NYAC 1:35:41 3. Larry Young, Columbia T.C. 1:36:15 4. Wayne Glusker, West Valley TC 1:38:10 5. Jim Heiring, Wisconsin-Parkside 1:38:23 6. Bob Kitchen, DC Striders 1:39:09 7. Glen Sweazey, Canada 1:39:32 8. Ron Kulik, NYAC 1:40:26 9. Tom Knatt, North Bedford Club 1:40:26 10. Augie Hirt, Columbia, TC 1:43:49....12. John Knifton, NYAC 1:44:43

Boulder, Colorado, May 15 (From Pete Van Arsdale)--Neither rain, sleet, or hail seem to be able to keep Ron Laird from his appointed rounds. In this case, he went 'round the University of Colorado track nearly 25 times in a rain storm to capture the National 10 Km Championship. Ron's time of 45:06.9 set a new Rocky Mountain AAU record beating Floyd Godwin's 46:47 of 1971.

Laird and Jerry Brown broke to the lead early. Ron Passed the first mile in 7:05 and Jerry in 7:08. They were followed by Greg McGuire, Floyd Godwin, Jerry Givner, and Pete Van Arsdale. By the 3-mile mark it was a two-man race, Laird up on Brown 21:20 to 21:45. Unfortunately Jerry had already received a caution and eventually was disqualified at the 4-mile point. The final order of finish went unchanged, with Van Arsdale hold-

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ing on to fifth just ahead of Chris Amoroso. The Colorado Track Club "Blue" team captured the team title with 10 points. The results:
 1. Ron Laird 45:06.9 (7:05, 14:11, 21:20, 28:37, 36:00, 43:37) 2. Greg McGuire 48:36 3. Floyd Godwin 49:33 4. Jerry Givner 51:55 5. Pete Van Arsdale 54:23 6. Chris Amoroso 55:06 7. Chuck Hunter 55:31 8. John Tarin 56:54 9. Paul Lightsey 58:35 10. Bob Carlson 60:10 DQ- Jerry Brown.

Champaign, Illinois, May 29--Laird wrapped up his month's activity on the national level with a decisive victory in the 15 Km Championship on the Memorial Stadium track here today. Laird took command after the first 100 yards and was never challenged after that. Storming through the first mile in 6:58 he stayed ahead of the above 10 km pace through 3 miles and, although slowing considerably the last 4 miles when he lost concentration with no opposition, finished in a very respectable 1:08:49.

John Knifton and Jerry Brown waged a dual for the second spot in the early stages. Jerry received a caution during the first mile and eventually gave up the chase as Knifton improved considerably over his poor race in the 20. Floyd Godwin, still hoping to make the qualifying standard for the Trials, walked a lonely race in fourth. He was set to go to 20 Km at the start and the officials were ready but he was unable to maintain the necessary pace and so gave it up at the official distance.

Alan Price walked a swift first 880 or so and a strong final 5 Km to capture fifth. In second place as the field started to spread, his pace dropped sharply after the first three laps or so. He quickly dropped back through the field and at about 3 miles, your editor, once nearly a half-lap in back of Price pushed him back into seventh. After dropping about 150 yards behind me he stayed right there and then at about 10 Km started to move just as I started to struggle. Within 4 laps he was flying past me and closing on fifth-place Jerry Young who I also had my eye on some 40 yards ahead. Price moved swiftly away from both over the final 2 miles as he recovered fully from his mid-race doldrums.

The young Young, who looks very promising with fine style, reopened his lead on Mortland during that last 2 miles. Jim Breitenbacher, who walked with Mortland for the first 9 laps and then had a Price-like lapse also came back well at the finish to preserve eighth place over Master's walker Leonard Bisen.

A hot sun during parts of the race and fairly humid conditions did not help the competitors, but it wasn't what you'd call one of your real furnace races by any means. Unfortunately, final times were taken only for the first six (and the final finisher) so some of the times in (Cont. on Page 14)

MEXICANS, EAST GERMANS IN GOOD EARLY SEASON FORM

If the Montreal 20 Km is to boil down to a showdown between the Mexican and East German walkers, both sides appear to be ready. The Mexicans opened their season with a dual meet against Canada in early April in Jalapa, Mexico with some very impressive performances. A week later East Germany staged their annual invitational walks in Naumburg and appeared equally formidable. And yet another week later, the Soviets showed their strength at Uzhgorod. To complete an exciting international picture since we last came your way, the British had their trials in mid-May and will field a tough trio in Montreal, including comebacking Paul Nhill, in his fourth Olympics. Let's look at each of these events in order.

Jalapa, Mexico, April 10-11--The powerful Mexicans swept the Canadians in a dual meet consisting of a track 10 Km the first day and a 20 km on the road the second. Ron Laird competed as a guest in both races and showed he is ready for a strong bid for his fourth Olympic team.

In the 10 Km, Domingo Colin pulled slowly, but steadily, away from Enrique Vera as he walked a very even pace to record a quick 43:48. His 5 Km splits were 21:51 and 21:57 and even more impressive is the rundown of 1 Km splits: 4:21, 4:19, 4:23, 4:23, 4:15, 4:15, 4:26, 4:24, 4:24, and 4:19. Vera was only 2 seconds down at the 1 km but had dropped back 19 at halfway and eventually finished a full 61 seconds back. Laird stayed close to Vera for 5 Km but slowed the second half to finish in 45:23. He did pull well clear of Angel Flores over the second half, however. Marcel Jobin led the Canadians, finishing fifth overall in an excellent 45:52.

The 20 Km the next day was a highly competitive race between Daniel Bautista and Raul Gonzalez. The temperature at the start was 73F, the humidity 92 percent, and considering the altitude of 4600 feet one could say conditions were not conducive to fast walking. Apparently the great Mexican duo did not hold this opinion. On what may have been a short course (judging from the performances who walked both races), Bautista and Gonzalez bombed the first 2500 meters in 10:15 (82:00 pace for 20 Km). Gonzalez could not hold onto this and by 5 Km Bautista led by 20 seconds in 20:45. This spread to 22 seconds during the next 2500 meters but Gonzalez rallied to cut the lead at the half-way point to 8 seconds as Bautista recorded 42:05. By 12 Km they were even and Bautista led by only 2 seconds as they started the final 5 Km. His time at 15 was 1:03:35. Although slowing somewhat from there, Bautista proved too strong for Gonzalez and came home first in 1:25:13.8 with Gonzalez finishing in 1:25:52.6.

In another good race, Angel Flores, a non-scorer, beat Laird this time as both broke 1:30, a faster pace than they had managed for 10 the day before. Enrique Vera also came back for the second day, but started to fade after 5 Km and finally dropped out at 15 in fifth place with 1:08:02. The Canadians were led by their grand old-man, Alex Oakley, with a 1:36:15.

It is interesting to look at Bautista's 2.5 Km splits. Despite his blitz start, he slowed only slightly after that first 5 Km. The splits read 10:15, 10:30, 10:40, 10:40, 10:39, 10:49, 10:44, 10:54.8. Results of the two races:
 10 Km: 1. Domingo Colin, Mex. 43:49 2. Enrique Vera, Mex 44:49 3. Ron Laird, USA (guest) 45:23 4. Angel Flores, Mex. 45:50 5. Marcel Jobin, Can. 45:52 6. Ernesto Canto, Mex (non-scorer) 47:12.8 7. Candelario Reyes, Mex. 47:13 8. Pierre LeBlanc, Can. 49:57 9. Rafael Vega, Columbia (guest)

50:35 10. Roman Olszewski, Can. 51:07 11. Rafael Hernandez, Mex. (ns)
53:45 12. Raul Lanza, Honduras (guest) 54:03
20 Km: 1. Daniel Bautista, Mex. 1:25:13.8 2. Raul Gonzalez, Mex.
1:25:52.6 3. Angel Flores, Mex. (ns) 1:29:02 4. Ron Laird, USA (guest)
1:29:40.4 5. Pedro Aroche, Mex. 1:32:51.8 6. Alex Oakley, Can. 1:36:15
7. Rafael Vega, Columbia (guest) 1:37:04.8 8. Pat Farrelly, Can. 1:37:14
9. Adrian Navarro, Mex. 1:38:12 10. Glenn Sweazey, Can. 1:39:25 11.
Pierre LeBelac, Can. (ns) 1:39:47 12. Raul Lanza, Honduras 1:53:40

From this, one might guess that Bautista, Gonzalez, and Colin would be the Mexican trio in Montreal, but Flores won an International 20 Km over Bernd Kannenberg in May (results elsewhere in this issue) so it may still be up for grabs.

Lawenburg, E.G., April 16--20 Km: 1. Peter Frenkel, E.G. 1:25:40 2. Karl-Heinz Stadtmüller, EG 1:25:40 3. Hans-Georg Reimann, E.G. 1:26:19 4. Jan Crnoch, Poland 1:27:01 5. Rolf Berner, E.G. 1:27:03 6. Hans Gauder 1:27:19 7. Gerhard Weidner, WG (age 43) 1:27:40 9. Duda, Poland 1:28:51 10. Brian Adams, GB 1:29:41
50 Km: 1. Olaf Pilarski, EG. 4:06:51 2. Müller, E.G. 4:07:14 3. Galina, E.G. 4:08:31 4. Rolf Knutter, E.G. 4:10:12 5. Matthias Kroel, E.G. 4:10:20 6. Mattern, E.G. 4:17:09 7. Dzurak, Cze. 4:20:12 8. Siegeris, E.G. 4:22:58 9. Knebel, E.G. 4:24:44 10. Roy Thorpe, GB 4:27:36

Uzhgorod, USSR, April 24-25: 20 Km: 1. Solomin 1:26:32 2. Yevsyukov 1:26:41 3. Potenchuk 1:26:45 4. Apalais 1:27:04 5. Yakolev 1:27:18 6. Alekseyev 1:27:32 50 Km: 1. Yevgeniy Lyungin 4:02:46 2. Sergei Grigoryev 4:03:37 3. Dalke 4:06:37 4. Pondarenko 4:07:58 5. Sakalis 4:08:25 6. Shulgin 4:09:17

Southend, Eng., May 15: British Olympic Trials: 1. Olly Flynn 1:30:00 2. Paul Hill 1:31:38 3. Brian Adams 1:31:58 4. Carl Lawton 1:32:15 5. Roy Thorpe 1:35:35 6. Shaun Lightman 1:35:35--Roger Mills, favored to join Flynn and Adams on the team, did not finish. Hopefully, we will have greater detail on this as well as the East German and Soviet races next month. Meanwhile, on to other results.

20 Km, West Germany, May 9--1. Angel Flores, Mex. 1:35:57.4 2. Bernd Kannenberg, W.G. 1:36:49.8 3. Galusic, Yug. 1:36:58.8 4. Armando Zambaldo, Italy 1:37:28.4 5. Enrique Vera, Mex. 1:37:46.8 (1st at 15 Km) 6. H. Schubert, W.G. 1:37:47 7. Domenico Carpentieri, Italy 1:38:27 8. Hans Binder, W.G. 1:40:15 9. Bob Henderson, USA 1:42:46 15. Khoo Chong Beng, Malaysia 1:45:59 (a subscriber)--49 finishers. With the starting temperature at 85 F about half the field dropped out, including Weidner, Frey, and Mayr of West Germany. There were also many D's including two Mexicans, but I don't know which two. Walkers from 11 countries were represented.

5 Mile, Cambridge, Mass., April 28--1. Jack Boitano 43:09 2. Francis Maher 43:23 3. George Lattarulo 44:10 4. Paul Devegrev 44:12 5. Rich Cronin 54:56 6. Sig Podlozny 58:19 7. Fred Brown Sr. 58:49 5.5 Mile, Lowell, Mass. May 5--1. Dennis Slattery 45:39 2. Charles Scott 49:15 3. George Lattarulo 53:15 4. Roger Desrosier 56:22 5. Fred Brown Sr. 62:29 7. Sig Podlozny 67:00 7. Janet Scott 69:20 5 Mile, Cambridge, May 12--1. Dennis Slattery 43:20 2. George Lattarulo 44:00 3. Charles Scott 44:49 4. Dave Joliff 45:02 5. Fred Brown Sr. 56:35 6. Sig Podlozny 66:30 High School 1 Mile, White Plains, NY, May 8--1. Warren,

Rome Deaf 7:00.3 (High School record breaking John VanDenBrandt's 7:01.9) 2. Keegan, White Plains 7:00.3 High School 5 Km, New York, May 15--1. Ciotoli, Harrison 25:18.5 2. Petrie, Felham 25:26.8 3. Kolb, Ketcham 25:30.8 4. Schreider, H.G. 25:40 5. T. Petrie, C.H. 25:50 (39 finishers) 1500 Meter, same place--1. Schreider 6:34.5 2. Kolb 6:42.8 3. Davey 6:46 4. Goble 6:49 5. Keenan 6:50 6. Stein 6:51 7. Felham 6:52 8. Thurman 6:53 (Two heats with 25 - 28 in each.) 10 Mile, Asbury Park, N.J.--1. Dave Romansky 1:15:01 2. John Knifton 1:15:17 3. Tom Knatt 1:16:38 4. Steve Casarella 1:22:15 5. Bob Falcicola 1:26:31 6. John Fredericks 1:33:51 7. Mark Kauscher 1:34:15 8. Eileen Smith 1:36:05 (wait a minute, the last two are ninth and tenth, but 7th and 8th aren't listed) 11. Bruce MacDonald 1:36:06 12. Bob Carlson 1:37:51 13. Fred Spector 1:39:17 14. Elliott Dennen 1:40:54 15. Mark Satcheck 1:41:36 (25 finishers) 10 Mile, Seaside Heights, N.J., May 9--1. Ron Daniel 1:16:26 (finished 20 Km in 1:35:34.6) 2. Bob Falcicola 1:21:37 (1:42:07) 3. Bob Mann 1:26:59 4. Buck Ehrgood 1:30:28 5. Mark Kauscher 1:32:05 6. Ben Ottner 1:34:43 7. Cliff Mann 1:34:53 8. Mary McDermott 1:35:20 9. Dan DeLosSantos 1:35:30 10. Fred Spector 1:35:39 11. Bruce MacDonald 1:37:44 12. Eileen Smith 1:38:47 13. Mark Hanson 1:41:19 14. John Punderson 1:41:27 15. Alan Wood 1:42:26 16. Epitacio Neves 1:45:07 17. George Garland 1:46:00 18. Marcus Boatwright 1:46:22 19. Ted Cash 1:46:35 20. Mike Anato 1:48:30 10 Km, Ocean Township, N.J., May 16--1. Ron Daniel 48:21 2. Alan Price 49:32 3. Bob Falcicola 49:55 4. Gary Westerfield 50:23 5. Bob Mann 50:48 6. Buck Ehrgood 51:06 7. Tom Ambury 51:30 8. John Fredericks 51:36 8. Kurt Engels 53:47 10. Ron Day 54:06 11. Steve Hayden 54:50 12. Ben Ottner 56:50 13. Bruce MacDonald 58:32 14. Fred Spector 59:32 15. Eileen Smith 61:09 16. Ray Floriani Sr. 62:24 17. Bill Omeltchenko 62:45 18. Mike Anato 69:13 19. Dr. Daniel Marzano 69:25 (Wrong! Elliott goofed and I blindly copied it. 18th and 19th were Tom Fyfe 65:57 and Ed Granowitz 66:52) Easter's 2 Mile, Succasunna, N.J., May 16--1. Gunther Erich (42) 17:18 2. Roger Barr (43) 17:53 3. Alan Wood (44) 18:47 15 Km, Washington, D.C., March 6--1. Sal Corrallo 1:20:29 2. Tom Hamilton 1:28:05 3. Paul Robertson 1:38:49 19 Km, Washington, March 28--1. Tom Hamilton 77:47 2. Sal Corrallo 78:30 3. Alan Price 86:30 4. Tim Good 87:43 5. Richard Olson 93:12 5.1 Mile, Greenbelt, Md., April 24--1. Sal Corrallo 45:16.6 2. Richard Olson 48:18.1 3. Richard Schrager 51:02.4 4. Tom Kline 51:52 5. Lloyd Schrager 50:34 6 Mile, Carderock Springs, Md., May 8--1. Sal Corrallo 52:30 2. Richard Olson 55:15 3. Tom Kline 59:58 12 Mile, Carderock Springs, March 20--1. Sal Corrallo 1:52:05 2. Tom Kline 2:17:11 3 Mile, Springfield, Ohio, May 2--1. Jack Blackburn 28:55 2. Terry McMain 30:55 3. Dr. John Blackburn 31:02 Walk-Run Pentathlon, Columbia, Missouri, April 24--1. Angie Hirt 2594 points (15:25 for 2 Mile Walk, 2:14.2 for 880 run, 7:36 for Mile Walk, 12:08 for 2 Mile Run, and 26.1 for 220 run) 2. Jerry Young 2494 (15:23, 2:22, 7:32.7, 11:24, 27.8) Larry Young had 14:48 and 7:14.5 in the walks. 10 Km, Houston, Tex., April 25--1. John Knifton 50:16 2. Kevin Knight 57:56 3. John Stowers 57:57 4. Bill Kilgore 58:27 5. Lawrence Mack 58:40 6. Ino Canto 60:09 7. George Kleeman 73:57 8. Donna Pally 75:10 20 Km (Track), Kivut, Col. May 23--1. Jerry Brown 1:40:15 2. Floyd Godwin 1:42:16 Mt. SAC Relays, Walnut, Cal., April 24--10 Km--1. Ron Laird 46:41 2. Candelario Reyes, Mex. 46:48 (age 16) 3. Ernesto Canto, Mex. 47:02.8 4. Rudy Maluza 49:48 5. Adrian Navarro, Mex. 51:15.6 6. Glenn Sweazey, Can. 51:31.6 7. Dennis Reilly 53:42 8. Tracy Teagarden 54:36.6 (age 14) 9. Jim Hanley 59:15.8 10. Hal McWilliams 59:31.2 11. Ken Isaak 61:08.2 12. Paul Oerth 61:29.4 5 Km--1. Larry Walker 22:01.2 2. Ron Laird 22:11 est.

3. Paul Nihill, GB 22:27.4 4. Glenn Sweazey 23:07 5. Ernesto Canto n.t. 6. Rudy Haluza, n.t. 7. Dennis Reilly, n.t. 8. Mark Randle, n.t. DC--Candario Reyes (while passing Walker at finish) and Bryon Overton. Girls 5 Km--1. Sue Brodock 25:41.2 2. Cindy Johnson 26:32 3. Joyce Brodock 27:05 4. Jessica Waskow 27:11.8 5. ? 27:35 6. Sandy Briscoe 27:39 Which reminds me: 5 Km (Women), Dayton, Ohio, May 22--1. Laurie Ticholski, OTC 26:28 2. Carol Mohanco, Kettering Striders 26:58--dumb pace with a 1:51 first quarter, 8:14 at the mile and then an 8:49 2nd mile at which point Laurie managed to rally with a 2:06 lap to finally drop Carol. 2 Mile, San Jose, Cal., May 1--1. Jerry Landing 14:10 2. Bill Ranney 14:49.8 3. Neil Pyke, Fla. TC 14:50 4. Bryan Snazelle 15:07.8 5. Manny Adriano 15:14.4 6. Roger Duran 16:53 7. Ken Isaak 18:20 20 Km, San Francisco, May 9 (road)--1. Paul Nihill, GB 1:28:59.5 (22:30, 44:37, 1:06:34) 2. Neil Pyke 1:37:20.8 (23:57, 48:12, 1:12:57--converted runner with only 2 months of serious walking) 3. Manny Adriano 1:40:11.7 4. Bryan Snazelle 1:42:32.5--DNF: Bill Ranney (24:22 at 5) and Wayne Glusker (22:26 at 5) Pacific AAU 1 Hour, San Francisco, May 16--1. Wayne Glusker 8 mi 3/4 yd (7:08, 14:28, 21:52, 29:13, 36:33, 43:52, 51:12, 58:38) 2. Manny Adriano 7 mi 1483 yds (7:16, 14:53, 22:26, 30:01, 37:44, 45:31, 53:25--then continued to 20 Km in 1:36:18.2) Pacific AAU Women's 5 Km, San Jose, May 16--1. Chris Sakelarios 27:36.2 2. Georgia Sakelarios 27:41.6 3. Sandy Briscoe 27:47.6 4. Laura Spencer 27:57 5. Sally McPherson 28:26 6. Amy Spangler 29:11 2 Mile, Modesto, Cal., May 22--1. Mark Randle 14:45.8 2. Bill Ranney 15:03.8 3. Neil Pyke 15:04.8 4. Bryan Snazelle 15:47.2 5. Roger Duran 17:03.8--DNF--Wayne Glusker 10 Km, Monmouth, Ore., April 17--1. Duke Henslee 52:07 2. Scott Massinger 53:10 3. John McCabe 54:45 2 Mile, Mt. Hood Relays, April 23--1. Duke Henslee 15:48.8 2. Scott Massinger 16:02.9 3. John Henslee 17:16.9 4. Pat Wilson 18:15.7

MASSINGER AND DIERNARDO WIN NATIONAL TITLES

Portland, Ore., May 2--Scott Massinger won the National Junior 5 Km walk and Steve DiBernardo the National "B" 10 km in a dual program at Delta Park today. Both winners got the lead early and then stayed there without serious challenge. The results:
Junior 5 Km--1. Scott Massinger 26:22 2. Phil Hillard 28:20 3. Pat Wilson 29:04 4. Julie Fartridge 31:29 5. Dave Faber 31:49 6. Nolan Johnson 33:13
"B" 10 Km--1. Steve DiBernardo 50:10 2. Duke Henslee 51:18 3. Brian Conway 54:47 4. John McCabe 55:07 5. John Henslee 55:44 6. Paul Kaald 58:09 7. Brent Hall 61:45 8. Don Little 63:06 9. Dean Ingram 63:42 10. R.W. VanKrevelen 68:36 11. John Smith 71:26--Marty Hudow won an Open 5 in 25:01 with Mary Hovey doing 29:25 and continuing to 10 in 61:17 IMA District 2 10 Km, Portland, May 15--1. Duke Henslee 54:04.5 2. Scott Massinger 54:21.8 3. John McCabe 54:54.8 4. John Henslee 57:38.1 5. Brian Conway 46:58.6
IMA Championships, Arkadelphia, Ark., May 22 (86°, high humidity)--1. Jim Heiring, UW-Parkside 47:27 2. Chris Hansen, UWP 48:48.6 3. Jeff Mazanec, U-W-Platteville 49:30 4. John VanDenBrandt, UWP 51:35 5. Dan Fitzpatrick, Eastern Mexico 52:15 6. Al Halbur, UWP 53:25 6.1 Mile, Kenosha, Wis., March 26--1. Jim Heiring 47:55 2. John VanDenBrandt 49:19 3. Chris Hansen 49:19.2 4. Al Halbur 50:57 10 Km, Stevens Point, Wis., April 10--1. Jim Heiring 46:29.6 2. John VanDenBrandt 49:51.6 3. Al Halbur 51:36 4. Paul Heihans 51:40 5 Km, Kenosha, Wis., April 17 (strong winds)--1. Jim Heiring 23:44.4 2. Bill Hamilton 25:50 3. Chris Hansen 25:50 4. Al Halbur 26:30 5. Dave Slater 27:55 10 Km, Goshosh, Wis., April 20--1. Bill Hamilton 52:22 2. Bob Meltz 53:08.6

3. Dave Slater 56:43.2 2 Mile, Kenosha, Wis., April 20--1. Jeff Mazanec 16:36.8 2. Marty Powers 19:20 2 Mile, Kenosha, April 24--1. Jim Heiring 14:41.6 2. Chris Hansen 15:00.0 3. John Van Den Brandt 16:01 4. Bob Meltz 16:27 5. Al Halbur 16:46.4 6. Larry Larson 18:01--pouring rain with track under water. 10 Km, Whitewater, Wis., April 27--1. Jim Heiring 45:29.6 2. Chris Hansen 48:14.2 3. Jeff Mazanec 48:22 4. John Van Den Brandt 48:37.2 5. Bill Hamilton 49:43.6 6. Al Halbur 51:54 7. Bob Meltz 6 Miles, Kenosha, May 1--1. Chris Hansen and John Van Den Brandt 50:20.4 3. Al Halbur 52:48.8 4. Larry Larson 55:47 5. Marty Powers 59:26 10 Km, Kenosha, Wis., May 8--1. Jim Heiring 47:00.4 2. John Van Den Brandt 48:35.6 3. Chris Hansen 50:23.1 4. Al Halbur 51:45.6 5. Dan Fitzpatrick 51:45.8 6. Larry Larson 57:05.4 10 Km, Whitewater, Wis., May 8--1. Jeff Mazanec 48:36.8 2. Bill Hamilton 51:05 3. Chris O'Connell 51:17 4. Paul Heihans 52:03.8 5. Dennis Anderson 52:14 6. Kevin Baker 52:28.8 7. Bob Meltz 52:39.4 8. Stewart Rival (13 finishers) High School 1 Mile, Monona, Wis., May 14--1. Kevin Duerson 7:43.2 2. Dave Buffalo 7:49.2 3. Val Eps 7:57 4. John Williams 7:57.2 High School 1 Mile, West Allis, Wis., May 14--1. Neil Powalisz 8:01.7 2. M. Goll 8:28.8 3. Brian Torcivia 8:31.1 5 Km, Kenosha, Wis., May 15--1. Larry Larson 26:10 2. Al Halbur 27:20 (actual 24:20) 3. John Van Den Brandt 27:35 (actual 23:05)--most of these Wisconsin races are a part of collegiate dual or invitational meets.
20 Km, Toronto, April 3--1. Alex Oakley 1:39:58.2 2. Pat Farrelly 1:41:59.2 3. Roman Olszewski 1:44:37.6 4. Arkadines Urdnik 2:08:24.4 5 Km, West Toronto, May 9--1. Glenn Sweazey 23:19.6 2. Helmut Boeck 24:19.6 3. Robert Scollard 26:26.6 Canadian 20 Km Olympic Trial, Hamilton, May 16--1. Marcel Jobin 1:30:29 (22:00, 44:30, 1:07:25) 2. Pat Farrelly 1:35:32 (23:02, 46:55, 1:11:06) 3. Alex Oakley 1:36:20 (23:01, 47:00, 1:11:30) 4. Glenn Sweazey 1:36:36 (23:46, 48:00, 1:12:06) 5. Pierre Lebanc 1:37:03 (24:02, 48:00, 1:12:03) 6. Hermann Beaulieu 1:43:18 7. Helmut Boeck 1:44:51 8. Yvon Groulx 1:45:27 9. Luc Menard 1:47:19 10. Joel Dada 1:49:09 11. Max Gould 1:50:55 12. Robert Scollard 1:54:15 13. Grant Wach 1:59:04 14. Arkadines Rudnick 2:07:50 20 Km, Karl-Marx Stadt, May 15--1. Peter Frenkel 1:26:38 2. Hans-Georg Reimann 1:26:38 3. Karl-Heinz Stadtmüller 1:26:38 British 10 Km, London, March 27--1. Brian Adams 42:58 2. Roger Mills 43:01 3. Carl Lawton 45:10 4. Bill Wright 45:24 5. Stuart Elms 46:09 6. Dave Cotton 46:09 7. Alan Buchanan 46:30 5 Km, London, March 10--1. Paul Kihill 21:20.8 2. Carl Lawton 21:24.4 50 Km, Basildon, Eng., April 17--1. Stuart Elms 4:17:52 2. John Lees 4:25:14 3. Barry Ingarfield 4:28:00 4. G. Humwicks 4:32:08 5. Peter Hodgkinson 4:34:47 6. Adrian James 4:37:33 10 Km, London, April 14--1. Roger Mills 43:36.8 2. Paul Nihill 43:44.2 3. Carl Lawton 45:31.4 4. Shaun Lightman 45:50 Indoor 3 Km, Milan--1. Vittorio Visini 11:55:22 (World Indoor Best) 2. R. Delicola 12:09.35 3. Armando Zambaldo 12:14:45 4. M. Danilano 12:18.5 (World Junior Best) 5. V. Canini 12:22:54 (Alos a Junior) 20 Km, England, April 10--1. Carl Lawton 1:32:49 2. Bill Wright 1:33:50 3. Stuart Elms 1:35:02 Tour du Var, May 24--25: 74 Km (May 24)--1. Roger Quemener, Fr. 6:57:41 2. J. P. Garcia, Fr. 7:06:27 3. Shaul Ladany 7:07:34 4. A. Moulinet, Fr. 7:17:15 5. Robert Schoukens, Bel. 7:23:58 6. Dave Boxall, GB 7:29:26 7. Colin Young, GB 7:45:36 (42 starters) 54 Km (May 25, a.m.)--1. Quemener 5:08:28 2. Ladany 5:11:18 3. Boxall 4. Moulinet 5. Garcia 6. Schoukens 7. Young 23 Km (May 25, p.m.)--1. Quemener 1:51:45 2. D. Guebey, Fr. 1:54:35 3. Ladany 1:54:55 4. Garcia 5. Boxall 6. Young 7. Moulinet 8. Schoukens Final Placings: 1. Quemener 13:57:54 2. Ladany 14:14:44 3. Garcia 14:39:06 4. Moulinet 14:49:03 5. Boxall 14:53:41 6. Schoukens 15:08:16 7. Young 15:18:37 8. Guebey 15:29:48 9. A. Ludwig, W.G. 15:46:13



Mexican Contenders. In the top photo, Domingo Colin is seen during a 20 km in Toronto last May. In the lower photo, Enrigue Vera leads Daniel Bautista, Number 1 in the World at 20 km in 1975, during a 10 km at the same site. The latter two ably demonstrate the extremely flexible Mexican style. This could be the Mexican team in Montreal, although there is little to choose between them, Pedro Aroche, Angel Flores, and Raul Gonzalez. (Photos from Raymond Bluteau)



Four All-Time Greats at 50 km. From left: Benjamin Soldatenko, USSR (863); Bernd Kannenberg, W. G. (471); Otto Bartsch, USSR (823); and Christoph Hohne, E. G. (397). Kannenberg and Bartsch (provided he qualifies for the Soviet team) are leading contenders for the 20 km Gold in Montreal. (Photo from Dansk Gangforbund)

Women's 5 Km, London, April 11-- 1. Pamela Branson 25:59 2. J. Wickham 26:34 20 Km, Longdale, Eng., May 1-- 1. Roy Thorpe 1:33:19 2. John Warhurst 1:34:20 3. Mick Greasley 1:35:32 20 Km, Barcelona, Spain, April 25-- 1. J. Marin 1:29:32 2. A. Jorba 1:29:32.2 3. Peter Marlow, GB 1:30:14.4 4. Godfried DeJonckheere, Bel. 1:32:50.4 5. Ian Brooks, GB 1:33:00 6. J. Orriols 1:33:56.4 100 Km, March 28-- 1. Roger Quenener, Fr. 9:23:56 (a little warmup for the Tour du Var) 2. R. Hennebois, Fr. 9:37:50 3. Ken Harding, GB 9:53:22 4. Robert Schouckens, Bel. 10:12:43 5. Colin Young, GB 10:13:22 6. Josy Simon, Lux. 10:26:43 7. Remy Michel, Fr. 10:29:07 10 Km, Bergen, Norway-- 1. Daniel Bautista, Mexico 40:51.6!!!-- World's best by 37.6 seconds-- no further details yet but that's about a 6:35 per mile pace.

UPCOMING RACE-WALKING ACTIVITIES FOR YOUR ENJOYMENT

Sat. June 19--20 Km Olympic Trial, Eugene, Ore., 1 p.m. (Qualified individuals only)
NEAAU 10 Km (T)
USTFF Master's 1 Mile, California, Pa., 2:20 p.m. (V)
10 Km, Des Moines, Ia., 8 p.m. (J)
Sun. June 20--USTFF Master's 6 Mile, California, Pa., 11 a.m. (V)
Sat. June 26--NAAU JUNIOR 3 Km, PITTSBURGH (V)
Senior Olympics 5 Km, Irvine, Cal., 9 a.m.
4 Mile Men, 2 Mile Women, Boone, Ia., 6:30 p.m. (J)
6 Mile, Birmingham, Mich., 9 a.m. (X)
Sun. Jun 27--Sr. Olympics 10 Km, Irvine, Cal., 8:45 a.m.
20 Km, Midland, Ontario (N)
Sun. Jul 4--NAAU JUNIOR 15 Km, CHICAGO (G)
2.2 Mile, Denver, 9 a.m. (F)
5 and 10 Km, National Master's Track Meet, Gresham, Ore.
(Only 5 is a title event) (R)
Mon. Jul 5--Barnum Festival 10 Km, Bridgeport, Conn., 10 a.m. (A)
Sat. Jul 10--10 Km, Columbia, Missouri, 9 a.m. (D)
Sun. Jul 11--5 Km, Midwest Master's, Chicago, 8:30 a.m. (L)
NAAU MASTER'S 10 Km, CHICAGO (G) ?
1 Hour, Iowa (J)
Sun. Jul 18--NEAAU Class B 20 Km (T)
Sat. July 24--NEAAU 50 Km, Longmont, Col. 7 a.m. (F)
Canadian 20 Km (N)
Sat. Jul 31--20 Km, Columbia, Mo., 6:30 a.m. (D)
15 Km, Madrid, Ia., 6:30 p.m. (J)
Sun. Aug. 1--NAAU JUNIOR 20 Km, LONG BRANCH, N.J. (B)
Sun. Aug. 8--NAAU SENIOR, "B", AND MASTERS 40 Km, LONG BRANCH (B)
Sat. Aug 14--24 Hour Relay and 50 Mile, Ft. Monroe, Va., 12 noon and 6 p.m. (E)
5 Mile, Cedar Rapids, Ia., 9 a.m. (J)
Sun. Aug 15--NAAU SENIOR 50 Km, COLUMBIA, MO. (D)
Sat. Aug 21--5 Km, Columbia, 9 a.m. (D)
Women's 5 Km, Children's .5 Km, Men's 10 Km, Broomfield, Col. 8 a.m. (F)
5 Km, Packwood, Ia., 6 p.m. (J)
3 Mile, Fredonia, N.Y., 4 p.m. (W)

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J--Dave Eidahl, Box 209, Richland, IA 52585
L--Wendell Miller, 351 Birkdale, Lake Bluff, IL 60044
M--Doug Walker, 29 Alhambra, Toronto, Ontario, Canada
R--Robert Fine, 11 Park Place, New York, NY 10007
T--Fred Brown Sr., 157 Walsh, Medford, MA 02155
V--John Harwick, 467 Beverly Rd., Pittsburgh, PA 15216
W--Carl Olson Jr., 25 University Park, Fredonia, NY 14063
X--Bill Walker, 16620 Chandler Park Dr., Detroit, MI 48224

ALL-TIME 50 KM RANKINGS

The Danish race-walking magazine has come up with an interesting ranking of the top 50 Km men over the years, which we are passing on. Fortunately, their ranking was completely statistical so the fact that I don't read Danish didn't stop me from understanding. They merely took each man's top ten times, assigned a point scale of some kind, and came up with total points for each man. An average of the ten times would have achieved the same ranking. Here is the way it looks:
(t=track)

CHRISTOPH HEGGER, DDR

3:52.52,0 - 1974 - 1145 p.
57.25,2 - 1973 - 1115 p.
57.44,4 - 1972 - 1113 p.
59.05,6 - 1974 - 1105 p.
4:02.43,4 - 1967 - 1083 p.
03.03,4 - 1972 - 1081 p.
14,0 - 1965 - 1080 p.
04.06,0 - 1971 - 1075 p.
35,2 - 1970 - 1072 p.
45,2 - 1971 - 1071 p.
10940 p.

VENTASIN SOLTENKO, SU

3:50.39,6 - 1975 - 1120 p.
50.24,0 - 1972 - 1109 p.
54,8 - 1975 - 1106 p.
59.17,8 - 1971 - 1104 p.
4:01.33,6 - 1973 - 1090 p.
54,0 - 1974 - 1088 p.
02.22,0 - 1971 - 1085 p.
03.42,6 - 1972 - 1083 p.
04.27,2 - 1971 - 1073 p.
06.56,6 - 1970 - 1068 p.
10916 p.

PETER SELZER, DDR

3:59.21,0 - 1971 - 1103 p.
56,6 - 1974 - 1100 p.
4:02.10,4 - 1973 - 1086 p.
55,6 - 1973 - 1084 p.
46,4 - 1969 - 1081 p.
04.05,4 - 1972 - 1078 p.
07,4 - 1973 - 1075 p.
15,8 - 1971 - 1074 p.
26,4 - 1974 - 1073 p.
06.11,0 - 1971 - 1062 p.
10915 p.

GERHARD WETTER, BRD

4:00.27,2 - 1975 - 1097 p.
51,0 - 1974 - 1094 p.
01.50,4 - 1973 - 1088 p.
02.55,2 - 1972 - 1082 p.
03.52,0 - 1975 - 1076 p.
52,2 - 1975 - 1076 p.
05.24,2 - 1973 - 1067 p.
34,6 - 1974 - 1066 p.
06.26,0 - 1972 - 1061 p.
27,4 - 1972 - 1061 p.
10768 p.

OTTO WAMTICH, SU

3:57.10,4 - 1975 - 1117 p.
4:00.54,0 - 1974 - 1094 p.
01.35,4 - 1972 - 1090 p.
02.30,8 - 1974 - 1084 p.
05.07,0 - 1971 - 1069 p.
53,8 - 1973 - 1064 p.
07.54,0 - 1971 - 1053 p.
09.14,4 - 1971 - 1045 p.
29,0 - 1970 - 1044 p.
11.58,0 - 1973 - 1040 p.
10690 p.

BERNHARD FALKENBERG, BRD

3:52.44,6 - 1972 - 1146 p. VBP
56.11,6 - 1972 - 1123 p.
50,8 - 1973 - 1119 p.
51,4 - 1972 - 1119 p. VR
4:01.33,4 - 1971 - 1090 p.
07.45,0 - 1972 - 1084 p.
56,2 - 1973 - 1085 p.
17.26,6 - 1971 - 1081 p.
19.27,0 - 1973 - 1080 p.
20.11,6 - 1971 - 1066 p.
10661 p.

YERGENIY LYUBIN, SU

3:57.50,0 - 1975 - 1112 p.
50.15,4 - 1974 - 1110 p.
56,2 - 1975 - 1106 p.
4:03.41,6 - 1975 - 1077 p.
06.28,0 - 1974 - 1061 p.
08.11,0 - 1971 - 1051 p.
09.42,4 - 1971 - 1042 p.
10.04,0 - 1972 - 1041 p.
11.46,0 - 1965 - 1031 p.
13.01,0 - 1970 - 1024 p.
10655 p.

BERNARD BONDAKOV, SU

4:00.00,4 - 1974 - 1099 p.
03.00,0 - 1974 - 1082 p.
45,8 - 1972 - 1077 p.
04.16,8 - 1973 - 1072 p.
07.15,0 - 1973 - 1056 p.
51,6 - 1973 - 1053 p.
09.26,4 - 1975 - 1044 p.
47,0 - 1965 - 1042 p.
13.07,0 - 1967 - 1024 p.
14.32,0 - 1969 - 1016 p.
10565 p.

BERGEY GRIKHAYEV, SU

4:00.20,0 - 1974 - 1098 p.
03.41,0 - 1972 - 1077 p.
04.36,0 - 1973 - 1072 p.
40,0 - 1968 - 1072 p.
06.29,0 - 1974 - 1061 p.
07.30,4 - 1975 - 1055 p.
10.26,0 - 1965 - 1039 p.
11.09,0 - 1967 - 1035 p.
13.11,0 - 1962 - 1024 p.
14.13,2 - 1972 - 1018 p.
10551 p.

BERNHARD FALKENBERG, BRD

3:59.35,6 - 1972 - 1102 p.
4:03.16,6 - 1972 - 1000 p.
04.08,2 - 1968 - 1075 p.
05.39,6 - 1971 - 1066 p.
06.32,4 - 1968 - 1060 p.
07.27,2 - 1969 - 1055 p.
09.10,2 - 1970 - 1045 p.
10.38,0 - 1971 - 1027 p.
15.57,2 - 1967 - 1008 p.
16.27,0 - 1972 - 1006 p.
10524 p.

11. Gennadiy Agapov, USSR 10504 p (4:08:25.4)
12. Grigoriy Klimov, US R 10499 p (4:04:32.8)
13. Winfried Skotnicki, BR 10492 p (4:03:04.8)
14. Birkhard Leuschke, BR 10398 p (4:05:25.0)
15. Abdon Panich, Italy 10329 p (4:06:40.2)
16. Mikhail Lavrov, USSR 10328 p (4:08:05.0)
17. Vitorrio Visini, It. 10269 p (4:05:43.6)
(Numbers in parentheses are personal bests)

Subjectively, one would be hard put to choose between Hohne and Kannenberg as the better, but certainly one would not place Kannenberg sixth. However, one can quickly see that one more race of 4:00 or better could jump Kannenberg to third and two more into first. And certainly, he hasn't yet proven himself over the period of time or number of races that Hohne did. Running down the great East German's record one finds him sixth in the Tokyo Olympics, when he was just arriving at excellence, first at Mexico City, and 14th at Munich in his one bad international race. In Lugano Cup competition, he won in 1965, 1967, and 1970 and came third in 1973. In European Championships he was 4th in 1962, 2nd in 1971, and won in both 1969 and 1974.

FROM HEEL TO TOE

The Olympic qualifying picture: Unofficially, the following people are qualified for the Final Trials: Ron Laird, Jerry Brown, Bob Kitchen, Larry Young, Todd Scully, John Knifton, Bob Henderson, Tom Dooley, Goetz Klopfer, Wayne Glusker, Jerry Lansing, Larry Walker, Dan O'Connor, Dave Romansky, Bill Ranney, Ron Daniel, Tom Knatt, and maybe Bryan Snazelle, Steve Reiman, and Dennis Slattery. At this point, Ron Laird appears to be ahead of the field and a solid choice to be on the team. This writer would have to pick Larry Young and Todd Scully for the other two spots but they don't look as sure to me as they did a few months ago. (I forgot Manny Adriano above. Excuse me Manny.) If any of my favorites falter, Tom Dooley, Wayne Glusker, Bob Henderson, Jerry Brown, and John Knifton, in no particular order, seem most likely to step in. (Whoops, I forgot one more qualifier--the new fellow, Neil Pyke. Thus there may be as many as 22 qualifiers, with a few people still planning last-hour attempts.)....Bill Emmerton, the Marathon man, is planning an assault on the Strasbourg-to-Paris race next year (that's an approximate 515 Km affair) and would like to take a 5 or 6 man American team with him. He has some money promised to sponsor such a venture and would like anyone who might be interested to express their interest now. It is possible a trial race or two might be held sometime in the interim. If you are interested please drop a note either to the editor or to Bill at 1111 Grandview Ave., Columbus, Ohio 43212....Bob Steadman has asked me at what age does one achieve "master" status and suggests that I might publish the answer as a matter of general interest. On your 40th birthday, you are officially a "Master", "Veteran", "Senior", or whatever other designation may be in vogue. Classes run in either 5 or 10 year intervals from that age, i.e. 40-44, 45-49, 50-54, etc. or 40-49, 50-59, etc. When you reach your 45th, 50th, etc. birthday, you "graduate" to the next class. In some cases they also have sub-masters competition starting at either 30 or 35....Dean Ingram writes regarding a race walking travel fund, which has been started with a \$75.00 contribution from Larry Larson, raised through the sale of RW of America patches. Dean has matched this contribution and will, if possible, match any others. Write Dean at 507 Cobb Building, Seattle, WA 98101 for further information....I received an inquiry from a Phil Killard regarding the World 50 Km but since I threw away the envelope it came in and he didn't include his return address on the letter, I can't reply. Does anyone out there know Phil. If so tell him that the first three (or four) in the National 50 in Columbia on August 15 will qualify for the World 50, which will be held in Sweden around mid-September....Tom Dainty, a 65-year-old walker in Australia, and an ORW subscriber, has recorded the following times since turning 65: 3 Km--15:05, 5 Km--25:57, and 15 Km--

81:47. Who, at age 65, can match those. Or at 60 or 55, for that matter....Alan Wood has a start on his "old-mens" age-group records with the following best marks for various ages at 75 Km; Age 40--9:53:30, Elliott Derman; Age 41--9:19:35, Derman; 42--10:30:58, Alan Wood; 43--9:12:17, John Counihan--giving Counihan the 40-44 record; 45--8:55:54, John Markon, 49--9:06:39, Bruce MacDonald; 57--8:53:54, Don Johnson, 58--8:54:17, Don Johnson; 66--9:15:27, Larry O'Neil. Thus, Johnson, at 58, set the Master's record. Looking at the set of records one would conclude that the added years are a definite help in this event. Any additions or corrections to Alan Wood, Quality Inn, Room 255, Pompton Plains, NJ 07444.

LOOKING BACK

10 Years Ago (From the May 1966 ORW)--As usual, Ron Laird was in the headlines (do things never change) winning the National 35 Km in 2:55:49.6. Better than 15 minutes back, Goetz Klopfer edged Bob Bowman and Larry Young for second....Ron Daniel and Karl Herschenz dead-heated in a fast 20 Km in Ontario in 1:32:48....Larry Walker turned in a fast 13:54 for 2 Miles with fast-improving Larry Young just 7 seconds back and Laird a distant third...Apparently there was nothing happening in Ohio as the issue was completely void of local features.

5 Years Ago (From the May 1971 ORW)--Tom Dooley edged teammate Goetz Klopfer to win the National 20 Km in San Francisco. Tom had 1:32:18, Klopfer 1:32:38, and Larry Young 1:33:34 in third. Aging Ron Laird could manage only fourth ahead of John Knifton, Floyd Godwin, and Bill Ranney. Ranney had a quick 1:35:50 and Bob Henderson, way back in 14th, broke 1:40 in the fastest mass-finish in U.S. history...Young did better at 35 Km beating Laird on his homeground in Pomona with a 3:02:22. Ranney, Bob Bowman, John Kelly, and Mike Ryan followed....And Laird did better in the 10 Km in Chicago, building an early lead and then hanging on to beat Floyd Godwin 47:10 to 47:18. Greg Diebold, Bob Henderson, someone by the name of Mortland, and an obscure walker out of Louisville named Jerry Brown followed...The following day Laird dropped out of the Zinn Memorial 10 Km with a sore groin and Godwin easily beat Mortland and Brown in 47:01 (to 48:40 and 48:45)...The National Junior 20 Km went to soldier Todd Scully in 1:44:40....In the 50 Miler at Monmouth, Elliott Derman, the host, edged George Braceland 8:55:26 to 8:58:05 as our own Jack Blakburn hung on to beat Larry O'Neil by 3 minutes some 50 minutes further back. John Knifton turned in a 4:19:38 50 Km at the same site.. Dave Romansky had 1:33:04 and 1:33:27 efforts in the East before a disqualification in the National 20....Paul Mihill won the British 20 Km in 1:32:06 and also turned in a 2:32:24 for 20 miles...Other fast 20 milers in England went to Shaun Lightman in 2:34:03 and Olly Flynn in 2:35:04.. In Luxembourg, Charles Sowa covered 214,050 meters in 24 hours.

U.S. BESTS CANADA IN DUAL MEET

Alexandria, Va., May 23 (From Paul Robertson)--Visitors to the Alexandria Bicentennial celebration were treated to a display of highly competitive racewalking this weekend as the U.S. National Team bested the Canadian National Team in a 2-day meet, 31-13. U.S. Walkers swept the top four spots in a 32.66 km (Scheduled at 35 Km but course found to be inaccurate) race on Saturday. On Sunday, Glenn Sweazey in third and Alex Oakley in fifth prevented another U.S. sweep. In addition, 21 other walkers participated in a 10 Km and Women's 5 Km race.

In the 20 Km, Todd Scully, competing in the Invitational section and not as a scoring competitor, was clearly the class of the field. He lead all the way after opening up a 1-minute lead in the first 4 miles and finished in 1:34:05.2. Dan O'Connor led the U.S. team in 1:35:31.4, a personal best and Bob Kitchen finished strongly to nip Glenn Sweazey 1:35:58.2 to 1:36:05.6. A series of head-to-head duels marked the competition as less than 2 minutes separated the field from second to eighth place for the first 12.5 kilometers. Sweazey duelled O'Connor for 15 Km before faltering and yielding to Kitchen's challenge. Alex Oakley matched strides first with Tom Knatt and later with Bob Kitchen before being overcome by the Americans' superior late pace. The Capital Walkers' Alan Price trailed the heels of Ron Kulik for 5 miles, then moved up to threaten Tom Knatt briefly at 20 Km, building up a margin sufficient to withstand Kulik's late push.

U.S. Walkers dominated Saturday's 32.6 Km race as Jerry Lansing won by 8 seconds over Angie Hirt of Columbia, Missouri in 2:46:20. Again, the outcome was in doubt until the final seconds as Hirt and Paul Ide were neck and neck for 1 1/4 miles while Lansing built a 50 second lead. Ide then sprinted to catch Lansing but faded in the final two laps to finish third. Hirt made up 54 seconds in the last two laps to come even with Lansing, but the latter pulled away in the final 200 meters.

During the race it was discovered that the loop in use was too long and the decision was made to reduce the race to 12 laps making the 32.66 Km distance. The course was resurveyed following the race and adjusted to an accurate 2.5 Km for Sunday's races.

In Sunday's 10 Km, Lansing and Helmut Boeck came back from the 35 Km to finish 1-2. Sal Corrallo won the Master's division in 50:01 and Dr. Ed Doran, 78, of Buffalo, finished in 81:25. The women's 5 Km went to Eileen Smith in 27:53. Results:
 35 Km: 1. Jerry Lansing, US 2:46:20 2. Angie Hirt, US 2:46:28 3. Paul Ide, US 2:49:22 4. Ron Daniel, US 3:04:09 5. Helmut Boeck, Can. 3:07:32 6. Max Gould, Can. 3:10:55 7. Joel Dada, Can. 3:47:26
 20 Km: 1. Todd Scully, non-scorer 1:31:05.2 2. Dan O'Connor, US 1:35:31.4 3. Bob Kitchen, US 1:35:58.2 4. Glenn Sweazey, Can. 1:36:05.6 5. Tom Knatt, US 1:37:42.8 6. Alex Oakley, Can. 1:38:50.6 7. Alan Price, non-scorer 1:39:01.4 8. Ron Kulik, US 1:39:22.8 9. Hermann Beaulieu, Can. 1:44:37 10. Luc Menard, Can. 1:50:35.2
 Open 10 Km: 1. Jerry Lansing 47:41.2 2. Helmut Boeck 47:44 3. Sal Corrallo 50:01 (1st Master) 4. Tom Hamilton 52:07 5. Tim Good 53:12 (1st Junior) 6. Brian Savilonis 53:40 7. Jack Boitano 56:46 (2nd Master) 8. Rich Olson 57:14 9. Bruce MacDonald 57:45 (3rd Master) 10. Paul Robertson 60:01 11. Ed Doran 81:25 (4th Master)
 Women's 5 Km: 1. Eileen Smith 27:53 2. Krista Corrallo 30:01 3. Ruth Ann Rodosevich 30:34 4. Beth Harwick 31:47 5. Ruth Hamilton 31:53 6. Gwen Good 33:11

 the results are estimates. Since times were read at the quarter mile mark throughout, I know my own time at 9 1/4 and can interpolate my final time within a second or so and then estimate others times by how far back they were. The results:

1. Ron Laird, NYAC 1:08:49 2. John Knifton, NYAC 1:13:33.4 3. Jerry Brown, Colorado TC 1:14:35 4. Floyd Godwin, CTC 1:15:40 5. Alan Price, DC Striders 1:18:30 6. Jerry Young, Columbia TC 1:19:19 7. Jack Mort-

and, Ohio TC 1:19:58 8. Jim Ereitenbacher, Colu. TC 1:23:00 9. Leonard, Colu. TC 1:25:00 10. Randy Kimm, Colu. TC 1:27:00 11. Chuck Hunter, CTC 12. Fred Kuhn 1:32:02 Team Champion—Colorado Track Club.

 Following is part of an article from the NY Times, 2/29/76 provided by Elliott Denman who says: "This article proves what my hypothesis expounded in Chris McCarthy's late, lamented rag....That training on the sidewalks of NYC is the very best way to walk your way into the Olympics.

PAGE OF CITY LIFE FOUND 2.8 FEET PER SECOND FASTER -- by Boyce Rensberger

The pace of life in big cities is faster than it is in small towns—about 2.8 feet per second faster, according to a study by a Princeton University psychologist and his wife, who is an anthropologist. By measuring how fast people walk along the main streets of municipalities of varying sizes, they have confirmed what most people have sensed informally. The bigger the city, the faster its inhabitants walk.

They found, for example, that on Flatbush Avenue in Brooklyn, people walk at a brisk 5 feet per second, only a little slower than their counterparts on Wenceslas Square in Prague, who bustle along at 5.8 feet per second. In contrast to Brooklyn and Prague, both of which have a population of more than a million, the 365 citizens of Psychro, Greece amble along at 2.7 feet per second and the people of Corte, France (population 5,500) move at 3.3 feet per second.

The study covered 15 communities in six countries and found that, in general, the correlation between population and walking speed existed among municipalities within individual countries as well as among municipalities regardless of country. The study was conducted by Dr. Marc H. Bornstein and his wife Helen. Much of their research was carried out when both were visiting scientists at the Max Planck Institute for Psychiatry in Munich.

Dr. Bornstein said that although several other psychologists have offered contrasting theories that might explain the findings, he favored the interpretations of Dr. Stanley Milgram of the City University of New York, who has studied the psychological aspects of urban life. Dr. Milgram contends that crowding produces such a high volume of environmental stimulation that it can overload the mental processing ability of most people and increase psychological tension. Dr. Milgram theorized that people adapt to such situations through various methods that avoid or shut out the unwanted stimuli.

In line with such interpretations, Dr. Bornstein said it could be supposed that in small towns fewer activities are taking place on the street and one can walk at a leisurely pace without suffering a sensory overload. In big cities, however, the streets are full of commotion; walking faster may be a way of keeping one's attention focused and of getting through the commotion more speedily.

We now have our Second Class permit and perhaps the service will improve without the pending statement on the front. The last two issues have apparently taken anywhere from 1 to 6 weeks to reach their destination. Continue to let me know when possible when you receive the ORW so I can get an idea how good or bad we are doing.